

POETIC  
LICENSE

FOOD

*Food for the Soul*



FOOD SERVED

Served Monday - Saturday 12noon - 9.30pm  
Sunday 5pm-9pm  
(Sunday Lunch menu served 12noon - 5pm)

 Poetic License Bar

 @PLBarRoker

 /PoeticLicenseBar

# SMALL PLATES

DESIGNED FOR SHARING

Enjoy a few at once  
3 for £10 or 5 for £15

Crispy Pulled Lamb Shoulder  
Served with a creamy caper mayo

Nachos (v)

Served with jalapeños, salsa,  
sour cream and cheese

Goats' Cheese Bon Bons (v)  
Served with sweet onion chutney

Chicken Lollipops  
Coated in a sticky glaze

Fish Fingers  
Served with homemade tartare sauce

Salt and Pepper Squid  
Served with a sweet chilli and ginger dip

Hot Sticky Ribs  
Coated in a spicy BBQ glaze

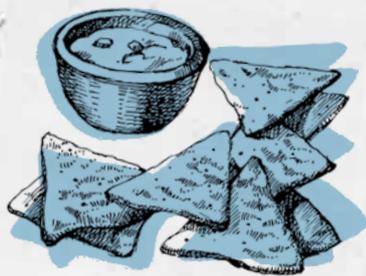
Spicy Thrice Cooked  
Potato Skins (v)  
Dusted in Cajun spices and served  
with garlic mayo

Oven-baked Garlic and  
Blue Cheese Mushrooms (v)  
With a breadcrumb crust

N'duja Sausage and  
Red Onion Bhaji  
Served with a coriander yoghurt

Red Pepper Hummus,  
Guacamole and Salsa (v)  
Served with homemade tortilla nachos

Crispy Halloumi Fries (v)  
Coated in panko breadcrumbs and  
served with aioli dip



# FLATBREADS

Our new-style recipe flatbreads are hand-stretched  
and cooked in our wood-fired oven!

Jerk Chicken § £6.95

Topped with hummus and lemon slaw, drizzled with a tropical, spicy sauce and  
minted yoghurt

LOW CALORIE

Feta and Olive (v) § £6.95

Topped with sun-dried tomatoes, hummus, lemon slaw and tzatziki

LOW CALORIE

Hold the feta and tzatziki to make (ve)

Churrasco Beef £8.95

Pulled barbecued beef topped with hummus and lemon slaw, drizzled with chimichurri  
sauce and minted yoghurt

Lebanese Spiced Lamb Mince £7.95

Topped with hummus, lemon slaw, pickled cucumber and red onion, drizzled with harissa  
sauce and minted yoghurt

# TOP LOADERS

Top your fries with a little bit of a twist! *Ideal as a nibble between 2*

Pulled Pork Fries £5.95

Topped with jalapeños, pickled red onion and melted cheese

Spiced Lamb Fries £5.95

Lebanese spiced lamb mince topped with minted yoghurt, fresh coriander, pickled red onion  
and melted cheese

Cuban Fries £5.95

Topped with diced ham, dill pickle, American mustard, pickled red onion and melted cheese

# HANGING KEBABS

All kebabs are served vertical with Mediterranean vegetables, garlic butter and double-dipped chips

Or replace the chips with salad and hold the garlic butter to make **S** where indicated

LOW CALORIE + LOW CARB + LOW FAT

- Pork Belly, Black Pudding and Chorizo £10.95  
Finished with a BBQ glaze
- South American Lamb Meatball £10.45  
Drizzled with cool yoghurt
- Sticky Soy Chicken **S** £10.45  
Marinated in Indonesian spices
- Lemongrass Salmon **S** £11.95  
Finished with a lemongrass and chilli dressing
- Halloumi, Pepper and Sweetcorn (v) (gf) **S** £9.95  
Finished with a honey and mint dressing

## LITTLE BIT O' PITTA

Add a pitta bread for **£1.95**

## VERY CORNY

Add a charred corn on the cob for **£2.95**

# THE AMERICAS

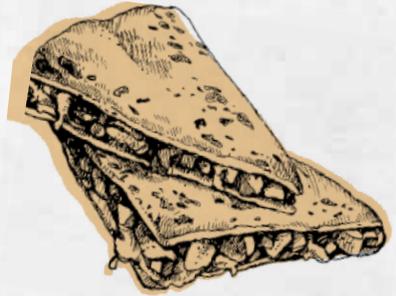
- Cochinita Pibil Pork Tacos £9.95  
Soft flour tacos filled with sweet Mexican pulled pork, topped with pineapple and coriander

## Quesadillas

Baked tortilla sandwich loaded with cheese, peppers, salsa and refried beans, with your choice of filling...

- Beef £10.95
- Prawns £10.95
- Chicken and Chorizo £10.95
- Spicy Veggie (v) £9.95

Hold the cheese to make (ve)



## Burritos

12 inch soft flour tortilla wrap filled with lemon rice, Mexican beans, sour cream and Monterey Jack cheese, with your choice of filling...

- Cochinita Pibil Pulled Pork £9.95
- Chicken and Chorizo £9.95
- Pulled Brisket Chilli £9.95
- Spicy Veggie (v) £8.95

Hold the cheese and sour cream to make (ve)

## AVO BIT EXTRA

Add guacamole (v) for **£1.00**

- Ultimate Nachos £9.95  
Corn nachos loaded with 12 hour pulled brisket chilli, topped with Monterey Jack cheese and spicy jalapeños

- 12 Hour Pulled Brisket Beef Chilli (gf) £8.95  
Served with lemon rice, crispy tortillas and sour cream

- Smoked Pork Frankfurter Dog £11.95  
Topped with 12 hour slow-cooked pulled pork, bacon bits and crispy onions, served with double-dipped chips and house slaw on the side

- Breakfast Dog £10.95  
Smoked pork Frankfurter topped with hash brown bits, crispy onions and a fried egg, served with double-dipped chips and house slaw on the side

## CHOP CHOP

Add chopped salad for **£2.45**

Vegetarian (v) Vegan (ve) Gluten Free (gf) Dairy Free (df) Skinnylicious **S** (under 500 calories)

# BURGERS

Handmade to our own special recipe and served in a brioche style bun with lettuce, tomato, mayo and dill pickle with double-dipped chips and house slaw on the side

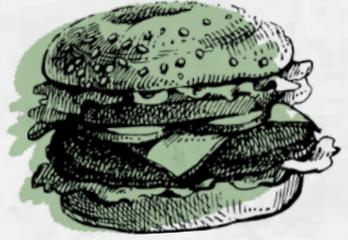
Classic Poet's Burger £9.95  
7oz beef burger topped with crispy bacon and mature cheddar

Cuban Burger £10.95  
7oz beef burger topped with slices of chorizo and a chimichurri sauce

Stacker Burger £14.95  
Two bacon cheese burgers, topped with burger relish and two onion rings

Buttermilk Chicken Burger £9.95  
Topped with chilli jam, jalapeños and melted cheese

Halloumi and Mushroom Burger (v) £9.95  
Topped with herb and garlic mayo



# MEAT

Our steaks are served with double-dipped chips and a grill garnish. Or go where indicated and replace the double-dipped chips and slaw with salad

LOW CALORIE + LOW CARB + LOW FAT

8oz Rump Steak (gf)  £12.95  
A tasty cut, fairly tender

8oz Sirloin Steak (gf)  £16.95  
Flavoursome and tender

8oz Ribeye Steak (gf) £17.95  
The tastiest cut, very tender

## FEELING SAUCY?

Add garlic and chilli butter, peppercorn or diane sauce for £1.95

# SOUL FOOD

Sonnet 43 Beer-battered Fish and Chips £10.45  
Served with mushy peas, tartare sauce and a wedge of lemon

Char-grilled Gammon Steak (gf) (df) £9.95  
Served with pineapple, double-dipped chips, garden peas and a fried egg

Scampi and Chips £9.95  
Served with garden peas, tartare sauce and a wedge of lemon

Brisket and Sonnet 43 Ale Pie £9.95  
Served with buttered mash and roasted root vegetables

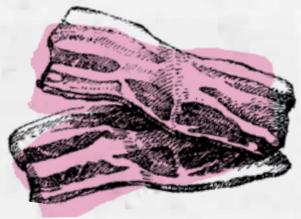
Jerk Chicken (gf) (df)  £10.95  
Served with rice, black-eyed peas and grilled corn  
LOW CALORIE + LOW FAT

Penang Vegetable Curry (v) (ve) (df) £9.95  
Served with coriander rice and a poppadom

Seared Salmon Escalope (gf) £11.95  
Served with sautéed new potatoes and spinach with lemon cream

Lemon and Garlic Chicken (gf)  £9.95  
Served with sweet potato mash and a tomato dressing  
LOW CALORIE + LOW FAT

Cumberland Sausages £8.95  
Served with buttered mash, mustard gravy and crispy red onions



# SALADS

Blue Cheese Waldorf (v) (gf) § £8.95

Served with caramelised walnuts, fresh apple, grapes and celery on a bed of dressed leaves  
**LOW CALORIE + LOW CARB**

Chicken and Chickpea (gf) § £9.95

Served with mint, coriander, roasted peanuts, mixed leaves and drizzled with a curried yoghurt dressing

**LOW CALORIE**

Warm Poached Salmon (gf) § £10.95

Salmon flakes served with leaves, cos lettuce, peppers, cucumbers, new potatoes and a cucumber yoghurt dressing

**LOW CALORIE**

Greek Salad (v) (gf) § £8.95

Feta, olives, cucumber, tomato and red onion tossed in virgin olive oil and oregano

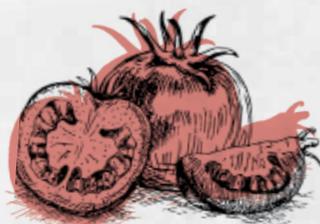
*Hold the feta to make (ve)*

**LOW CALORIE + LOW CARB**

Char-grilled Chicken Caesar £9.95

Served with cos lettuce, crispy bacon, parmesan and Caesar dressing

*Upgrade to 8oz rump steak for an extra £3*



# SIDES

Double-dipped Chips (v) (ve) (gf) (df) £2.75

Onion Rings (v) (ve) (df) £2.45

Cheesy Chips (v) (gf) £3.45

Charred Corn on the Cob (v) (gf) § £2.95

**LOW CALORIE + LOW CARB**

Chopped Salad (v) (ve) (gf) (df) § £2.45

**LOW CALORIE + LOW CARB + LOW FAT**

Pitta Bread (v) (ve) (df) £1.95

# DESSERTS

## ALL £4.95

Chocolate Orange Tart

With chopped orange salad

Traditional Crème Brûlée (v)

With shortbread

Lemon Pannacotta Tart

With burst raspberries

Belgian Waffles (v)

Topped with granola crumble, chocolate sauce and caramel gelato

Homemade Sticky

Toffee Pudding (v)

Topped with butterscotch sauce and vanilla gelato

Chocolate Brownie Sundae (v)

Chocolate gelato, chunks of brownie, fresh cream, raspberry coulis and chocolate sauce

Vanilla Cheesecake (v)

With burst raspberries

Gelato (v)

3 scoops from a choice of:

Mint Choc Chip

Toffee

Raspberry Ripple

Strawberry

Vanilla



## Gelato?

Ice cream made the Italian way. It actually has a lower fat content which allows more intense flavours to shine through and it is stored at a slightly warmer temperature so its also a little softer too.

We serve Ciccarelli authentic gelato – a family business based in Blyth, making the finest gelatos for decades. We are proud to serve these wonderful gelatos.

# DAILY DEALS

AVAILABLE FROM 5PM  
MONDAY - THURSDAY

MONDAY

ALL KEBABS

£8.95

TUESDAY

ALL BURGERS\*

£7.95

\*Excludes The Stacker Burger

WEDNESDAY

THE AMERICAS

£8.95

THURSDAY

ALL SOUL FOOD

£7.95